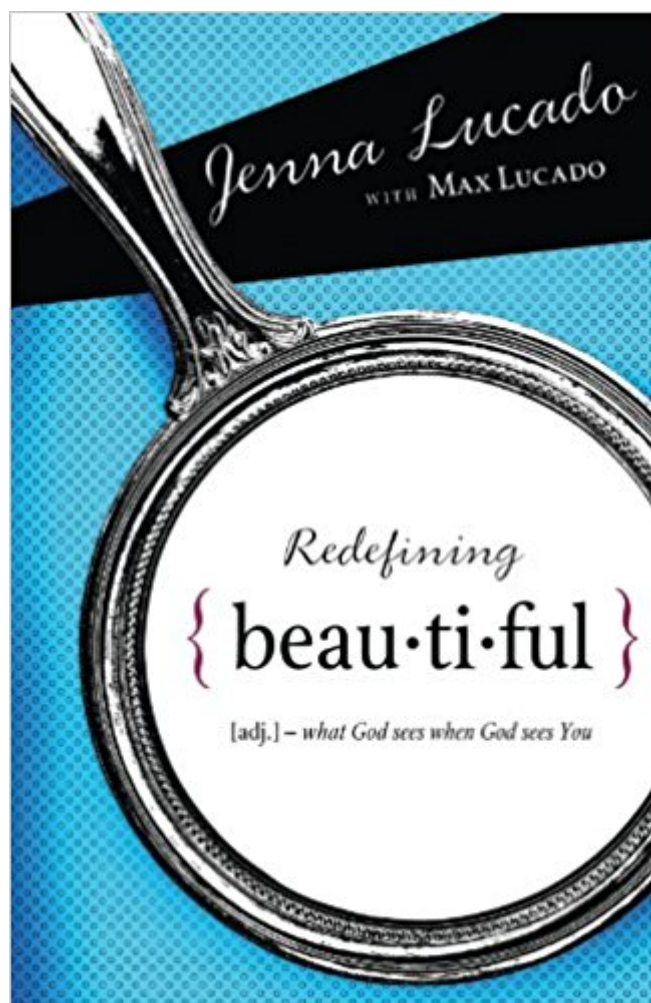


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# Redefining Beautiful: What God Sees When God Sees You



## Synopsis

Not feeling very beautiful? Learn what beauty is from God's perspective. Revolve speaker Jenna Lucado has teamed up with her dad, Max Lucado, to bring girls a fresh perspective on what they need to live a life of peace, joy, and confidence. What does God see when He looks at them? And how does a girl catch that vision? Jenna reveals life accessories that are essential, and which single accessory is a real must-have to give teens a look they love—a look that says they are comfortable with who they are and secure and confident. What's the all-important accessory? Love from a father. But what happens when there is no loving father in sight, no daddy to tell them they are beautiful? Through conversational "girl time" Jenna reveals that when we look to God as our Father, He can change our focus, our look, and our lives. With affirmation from Max, *Redefining Beautiful* will change the way girls look at God, themselves, and the people around them.

## Book Information

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## Customer Reviews

With more than 125 million products in print, Max Lucado is America's bestselling inspirational author. He serves the Oak Hills Church in San Antonio, Texas, where he lives with his wife, Denalyn, and their mischievous mutt, Andy.

I bought this book for my 11 year old granddaughter. It is really a fine book for young girls. It should be in every girls' library from the age of 14 and up. My 11 year old is still a little young, but I am saving it for her. It speaks to young women in such a down to earth way, it's not preachy, just honest and open from one girl to another. I was so impressed. I'm planning to give it to my friends

with teenage girls. It is definitely a DON'T MISS.

I have given this to two teens and they have enjoyed it.

I think this is a wonderful book for teenagers. I have self-esteem issues, and it did help me a bit to consider the author's suggestions, but they were things I had already tried myself. I am 36, I believe this book was written for someone between the ages of 18-25. It is very scriptural and casual at the same time.

I bought this book when I was having a lot of insecurities about my body. After reading it, I can't go back to my way of thinking, at all. I loved this book so much that I even went back for another read. I like how Jenna Bishop put questions in there, and space to answer it. Those questions really make you think about how you perceive yourself. This book is definitely an eye opener. I think it accurately give God's perspective on how He sees us. I loved, loved this book!

This is a terrific book for girls and young ladies alike. I'm 32 and recently divorced, so it brought insight to me as well. Jenna shares many personal stories which enables the book to be real and practical. I thoroughly enjoyed relearning how God defines beauty, which is counter to the culture we live in. I need to focus and value His definition of beauty and not the world's. Thanks Jenna for a great book for young ladies, so they can see the joy in trusting God and how He sees them as beautiful and worthy.

I have found this book very useful for a small group I'm leading at my church for 8th grade girls. They experience so much pressure for external beauty. Now we can talk about true beauty--that which comes from within.

Came in a timely manner but I was so embarrassed. I gave it as a Christmas gift and to my embarrassment when the person opened the pages.... it was full of crazy notes that the original reader had written on the pages. Some of the writings were just plain silly. All written in pen. There was no way that I couldn't prove that it wasn't used.

When I received the book, I expected the theme to be along the lines of, "Christians shouldn't think of beauty the way the world does, we should be modest and less concerned about appearances."

While all this is true, I was pleasantly surprised that Miss Lucado went further than this. When she talks about "redefining beautiful" she really wants girls to think about what really makes a girl beautiful - what's on the inside. She calls these things on the inside which make girls beautiful "Life Accessories," such as "Security - trusting that no matter what, we have a God who loves us" and "Peace - in believing God is in control." These life accessories are what makes us attractive to others no matter what kind of clothes we wear. The most important theme of her book is that the foundational beauty secret is a father's love, both earthly and heavenly. A girl with an earthly father who shows his daughter love, spends time with her, and teaches her to love God will be infinitely more likely to be filled with these life accessories. But even a great earthly father isn't perfect, and ultimately we all must look to our heavenly father as the source of our inner beauty. Miss Lucado also points out that this is even more important for girls whose dads are either non-existent or are abusive. She also touches on boys, friends, authority figures, and modesty. I appreciated her approach to the modesty issue. It's easy to make a list about what is acceptable and what isn't, but she encourages her reader to think of two things when dressing: would God approve and will it tempt boys to think about things they shouldn't. She is also quite emphatic about letting boys take the lead in the relationships - they should do the approaching, the asking out, and discourages girls from flirting. While the book was written for teens, the tone is often a bit condescending. Though Miss Lucado is evidently in her early 20s, she just tries a little too hard to be "hip" sounding, to talk in language a teen would talk. As a result, I think it would be best for the younger end of the age range as I doubt high school kids would respond to the tone. For instance she call calls Ishmael "Ishy" and the apostles "a group of guys Jesus hung out with." I also think this book would be best used as a discussion tool with your daughter. There are several instances where the author asks her readers to make lists and to write certain things down. I think most girls wouldn't do this unless forced to, but I think an even better idea would be to use these as discussion points with your daughter. This would also give home schooling moms like me a chance to explain what she means when she talks about throwing on clothes and rushing out the door to first period. The biggest drawback to the book is that while the truths are simple, they aren't delved into deeply. For instance, she does a good job of pointing out that we are valuable to God, called his children, etc. However, though she is evidently writing to believers, she fails to develop this idea of our identity in Christ, that when God looks at us, He sees Christ. If you have a daughter that is struggling with insecurities about her looks and who she is, this could be used as a starting point of some good discussions. Just be prepared to delve deeper into some areas she glosses over.

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